University of Jaffna POOL SELECTION TRIALS

Track & Field (Men & Women) and Road Race

Track & Field Date: 23.10.2022 (Sunday) Venue: Playground, University of Jaffna			
		Event	Reporting Time
		5000m (Men & Women)	6.30am
100m (Men & Women)			
200m (Men & Women)			
400m (Men & Women)			
800m (Men & Women)			
1500m (Men & Women)			
100m Hurdles (Women)			
110m Hurdles (Men)	7.30am		
400m Hurdles (Men & Women)	7.50um		
Shotput (Men & Women)			
Javelin Throw (Men & Women)			
Discus Throw (Men & Women)			
Triple Jump (Men & Women)			
Long Jump (Men & Women)			
High Jump (Men & Women)			
Road Race			
Date: 29.10.2022 (Sature	day)		
Venue: Playground, University	y of Jaffna		
Distance	Reporting Time		
10,000m	6.30am		

Director of Physical Education Physical Education Unit, University of Jaffna, Thirunelvely, Jaffna.

Director of Physical Education, Physical Education Unit, University of Jaffna.